

## Pediatric Chiropractic

Back pain and mobility issues are not adults-only problems. Many parents wonder if chiropractic care can help their children, and the answer is a resounding yes! In fact, regular visits to a pediatric chiropractor can be an important part of a child's healthy development, especially when it comes to correcting (and preventing) issues like scoliosis and poor posture.

In order to make sure your child receives the best care, it is important to only see an experienced chiropractor who specializes in seeing young patients. At Carolina Chiropractic Wellness Group in Hickory, NC, we work with entire families to promote neck and back health at all ages. Keep reading to learn more?

### **How is a Pediatric Chiropractor Different?**

Due to their smaller stature and still-developing bodies, children cannot receive the same exact kind of treatment as adults. To do so would result in higher risk of injury. So, an experienced pediatric works gently with younger patients and takes their long-term development into account.

As for age, a pediatric chiropractor generally focuses on young children (sometimes including toddlers) through those in their early teens. Young patients in their late teens may be able to see a regular chiropractor specializing in adults, but it is a good idea to check with a pediatric specialist first. For most families, seeing one chiropractor who focuses on patients of all ages and knows the differences in treatment for these ages is best.

### **Conditions a Pediatric Chiropractor Can Help With**

The truth is that many children suffer from spinal misalignments that are the result of early bumps and falls that happened when they were babies or toddlers. As a result, there are a wide variety of conditions that may see considerable improvement with regular pediatric chiropractic visits:

- Back and neck pain
- Headaches
- Scoliosis
- Poor posture
- Sleep issues
- Bowel disorders
- Walking and movement issues

Regular pediatric chiropractic visits have also been shown to assist with brain and nerve development, among other things. Even if your child does not appear to be suffering from any particular issues, it's a good idea to bring them in for a consultation to see if chiropractic is the right choice for maintaining their future development.

### **Schedule Your Pediatric Chiropractic Visit Today!**

We care about our young patients at Carolina Chiropractic Wellness Group, and we understand that you care about doing what is best for your child's growth and development. Give us a call today to learn more about how chiropractic can help your child. If your child is currently suffering from pain or a disorder not listed above, we encourage you to get in touch anyway to see if there is a way we can ease their discomfort. We work with patients across the Hickory, NC area and look forward to helping more families achieve wellness!

